



# ONE MINUTE GUIDE:

## Yorkshire and Humber Forensic CAMHS Service

### What is Yorkshire and Humber Forensic CAMHS Service?

- One of 13 regional children's forensic mental health service commissioned by NHS England to provide expert advice, consultation, assessment and intervention.
- A regional service that works with children and young people who present with high risk of harm to others and/or complex needs.
- A service that supports with the risk management and transition of Young People out of secure environments.
- The service is made up of four NHS Foundation Trusts across Yorkshire and the Humber:
  - South West Yorkshire Partnership NHS Foundation Trust
  - Humber NHS Foundation Trust
  - Sheffield Children's NHS Foundation Trust
  - Tees, Esk and Wear Valleys NHS Foundation Trust

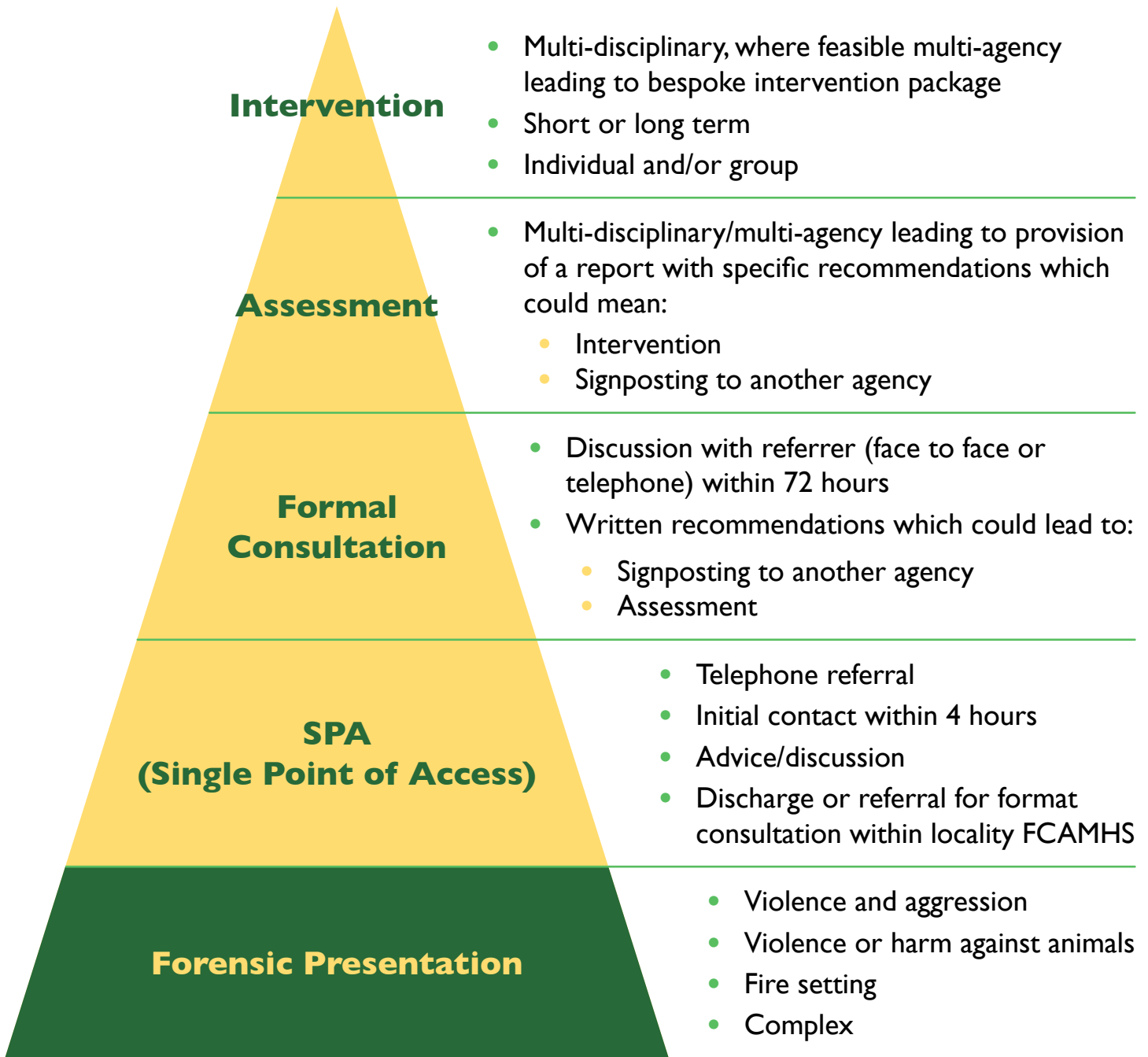
### What is the criteria for this Service?

- To be under 18 years of age at the time of referral (there is no lower age threshold).
- Presenting with severe disorders of conduct and emotion, neurophysiological deficits, or serious mental health problems and/or neurodevelopmental disorders (including learning disability or autism) with/without learning difficulties or where there are legitimate concerns about the existence of such disorders.
- Usually involved in dangerous, high-risk behaviours whether they are in contact with the Youth Justice system or not. This will include young people who present a high risk to others through such behaviours as fire setting, physical assault and sexual offending.
- In exceptional cases, are not high risk (not primarily dangerous to others) but have highly complex needs (including legal complexities) and are causing major concern across agencies.

### What can you expect as a professional from a Forensic CAMHS Consultation?

- A reflective multi-disciplinary, and often, multi-agency space to think about a complex case that has been challenging professionals.
- Revised or new formulations about both risks, and the problems generally that the young person, and systems around them are posing.
- A second opinion about the management of any mental health or developmental issues from experienced professionals.
- An opinion and recommendations about further risk management from a specialist service.
- The opportunity to consider whether the young person would benefit from direct assessment, or a discrete piece of intervention work, from Forensic CAMHS.

## How does the Service work?



## What outcomes can we expect to achieve for the young person?

- To put the young person at the front and centre, supporting their voice to breakthrough and be heard.
- To explicitly explore and document the difficult balance of attending to vulnerability and risk and the interplay between the two over time, and across contexts and for this to be done in a way that is meaningful and helpful to the young person and those involved in their care.
- To support services to remain risk focussed: the risk that sits within the young person, within their environment, within organisations and within the system.
- To provide a framework for tracking and rewarding change for the young person and evaluating service and system success.

## Where should I go to find out further information/Making a Referral?

Any concerned professional can get further advice or refer (you need consent from the child/family) to the service by contacting:

**Forensic CAMHS** Tel: 01924 316066

**Single Point of Access** Tel: 01924 316071

Email: [swy-tr.yhfcamhs@nhs.net](mailto:swy-tr.yhfcamhs@nhs.net)

For further information and a short video about the service please visit the CYSCP website: <https://www.saferchildrenyork.org.uk/one-minute-guides-menu.htm>

### Where do I go for further information?

Please visit the [CYSCP website](#) for up to date information and latest news.

Please also sign up to the [CYSCP Newsletter](#) and follow us on Twitter [@YorkSCP](#)

