

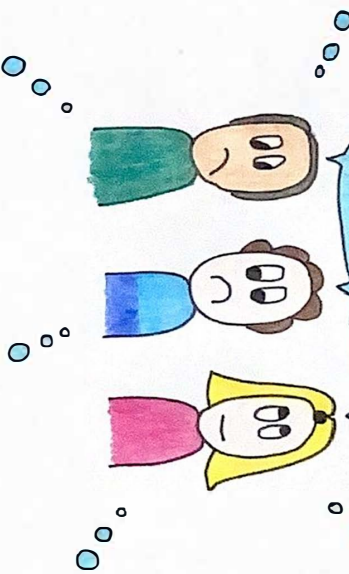
Look at my face.
Am I worried?
Am I smiling?

Look at me. Do I
look clean? Do my
clothes fit?

Ask me questions. My
answer may be different
to my parent or carer.
I am here.
I know me best!

In meetings, can you
include my views or
invite me if I am
old enough?

HOW can you HEAR my VOICE?



Listen to me. I maybe
little but I can express
myself.

Do I smell?

How am I communicating?
Is it through my behaviour?
Am I trying to be invisible?

Value my opinion -
try not to dismiss me.

Give me the choice
to be seen or my
own and support
me to do so.