

What is a Pathway Plan?

Your Pathway Plan is unique to you and based on your needs, views and future goals.

You will start your plan with your social worker when you turn 16 and they will help you to consider your options and start to plan for your future. At age 17 ½ you will get a Pathway Worker who will continue to develop your plan with you and consider how you want to be supported by City of York Council until you feel confident to live independently. Your Pathway Worker will work with you up to 21 or until you are 25, if you still want support.

Your plan will be reviewed every 6 months or more frequently if needed, it will celebrate your progress, explore what has changed, agree new actions and identify any further support you need to achieve your goals.

Your Pathway Plan will...

Practical skills



Support you to identify and develop the skills needed to live independently in the future. This includes skills such as managing your money as well as more hands on tasks such as cooking and cleaning.

Finance



Identify the financial support available to you, this will be different according to your accommodation and educational plans.

We will consider your expenses and the skills needed to manage your money when living independently. This will help you to ensure all your bills are met and that you still have money left to do the things you enjoy without the worry of becoming overdrawn with your bank.

Accommodation



Help you consider your current living arrangements and assess how it meets your needs. It will explore all your options for when you turn 18, including all the practical things which will need to be in place for this to happen.

Friends and Family



Consider together, the relationships you have with your family and friends and how we can support you to maintain them on leaving care.

Your Right to be Heard

You have the right to be involved in all decisions about your plans for leaving care. If you feel your plan does not meet your needs and that you are not being listened to you should speak to your Pathway Worker about this. If you are still unhappy you can access support from an independent Advocate. You can contact Speak Up directly or ask your carer or worker to support you with this.



Text/call – 07769 725174 Email – speakup@york.gov.uk



Identity

Take into account your identity, race, religion and culture and explore any support you may need.

Education, Training and Employment

Focus on your career plans by looking at your skills and aspirations and identifying the support you will need and the options available to help you achieve your goals.

If you are in full or part time education, your Personal Education Plan (PEP) will continue. If you would like to pursue training or employment we can discuss the options available and provide practical support, including writing a CV and preparing for interviews.



Health

Discuss your health needs and ensure you know how to get health advice or treatment when you need it.

Discuss your emotional wellbeing and help you identify areas in which you may want extra support, including improving self-esteem, confidence and managing stress.

If you have a disability or additional needs, your Pathway Plan will be shaped by your Education Health Care Plan and will further identify the support you will need as you get older.



Local Offer:
Care leavers

York's Local Offer to Care Leavers

For full details of the support, rights and entitlements that will be available to you when you leave care, ask your Social Worker or Pathway Worker for a copy of the Local Offer for Care Leavers.

You and Your Pathway Worker

Your Pathway Worker is the person who will provide you with advice, information and guidance to help you to make the best choices for your future. They will chat to you about the level of contact you would like.

STILL
MATTER
CARE LEAVERS



To be completed with your Pathway Worker from age 17 ½

My Pathway Worker

Name:

Number:

Email:

Working Days:



If I am unavailable,
you can contact
the Pathway Team
(Duty Service) on:
01904 555389

We will have the opportunity to meet regularly, at least every _____
(e.g. 8 weeks) and you can contact me via text, phone or email.

Is there anything important you feel I should know?

Our Agreement

- We will both respond to texts or calls at the earliest opportunity.
- If either of us are running late or need to cancel a meeting, we should try to let the other person know.
- If you have asked me to do something, I will contact you within the timeframe we agree, even if there is no update. This is so that you know I have not forgotten and I'm still working on it.
- The information you share is confidential, however, I will let you know if I need to share something you have told me.

The Pathway Team Contact Details

Duty Service (Mon-Fri, 1-5pm): 01904 555389

Accommodation Officer: _____

Education, Training and Employment Officer: _____

Signed: _____ (Young Person)

Signed: _____ (Pathway Worker)

I will take a copy or photo of this so I have a record of our agreement and you keep this one as yours.