

**CHANGING  
LIVES**

**BLOSSOM STREET**  
York Young People's Drug and  
Alcohol Service

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**I KNOW  
THAT I  
MATTER**

”

**THE POWER OF  
POSITIVE CHANGE**

**Every young person has a right to a safe, fulfilling life**

**If you would like some help with your drug or alcohol use, get in touch with us, or get someone to get in touch with us on your behalf.**

## **WE OFFER**

- Support to anyone under the age of 21 who is:
  - Thinking about using drugs/alcohol
  - Using drugs/alcohol
  - Affected by someone else's use of drugs/alcohol
- 1:1 support anywhere in the community
- A flexible service to meet on your terms at a time that fits around your commitments

### **When**

Monday - Friday

### **Where**

York (general)

### **Who**

Anyone under 21 years old in York

**We're here to support you every step of the way**

**To access, or for more information contact**

**Text/ WhatsApp: 07812672578**

**T: 01904 464 680 E: [york-info@changing-lives.org.uk](mailto:york-info@changing-lives.org.uk)**