



# ONE MINUTE GUIDE:

## City of York Health Services

### Primary Care – GP Practices

#### What services do GP Practices offer?

- Majority of children, families and adults are registered with a GP
- GP is the 1st point of contact for most health issues
- Provide high quality services and can identify families at risk
- Support victims of maltreatment
- Provide ongoing care and assessment
- Contribute to MARAC and to safeguarding children assessments and multi-agency meetings ie strategies and case conferences
- Can interpret multiple observations accurately recorded over time
- May be the only professionals holding vital pieces necessary to complete the picture
- Approximately 36 GP surgeries in the City of York
- Each GP practice has a safeguarding lead
- Each GP practice is linked to a Health Visitor from the Healthy Child Service and a liaison meeting is held four to six weekly

#### How can professionals contact GP practices?

Ring the GP practice direct- ask to speak to the duty Dr explaining you need information for a safeguarding investigation

### York and Scarborough Teaching Hospital NHS Foundation Trust (YSTHFT)

#### What services does the Trust provide?

York and Scarborough Teaching Hospitals NHS Foundation Trust (YSTHFT) provides a range of acute hospital and specialist healthcare services across York, North Yorkshire, East Riding of Yorkshire and Ryedale

- Urgent Care (Emergency Department) - York and Scarborough Hospitals
- General Paediatric services
- Specialist Paediatric services and liaison with specialist units out of area
- Specialist community paediatric nursing services
- Maternity services are provided Trust wide (York, Scarborough, Malton, Selby, Bridlington and Whitby). Maternity units for births are located at York and Scarborough Hospitals.
- Special Care Baby Units York and Scarborough
- Sexual Health including Young people's sexual health service
- Safeguarding Children Team – Trust wide service 09.00-17.00 Monday-Friday

- Child Protection Medicals
- Looked After Child medical examinations
- Minor Injuries - Bridlington, Malton and Selby Hospitals (*please note that although these Hospitals are owned by YSTHFT these Units/Services are provided by other Trusts*)

### How can professionals contact the Trusts Safeguarding Team ?

Tel: 01904 726647

Email: [sctyorkhospital@nhs.net](mailto:sctyorkhospital@nhs.net)

## Tees Esk and Wear Valleys NHS Foundation Trust (TEWV)

### What services does TEWV provide?

- TEWV provides specialist mental health assessments and numerous clinical interventions for both children (CAMHS), Adults (AMH) and people with Learning Disabilities (LD).
- Services are accessed by 'single point of access teams' both for adult and CAMHS teams.
- TEWV also provide both AMH and CAMHS Crisis teams services who link across Street Triage and other front facing services.
- The Trust currently provides CAMHS community and AMH community and in patient services across the TEWV footprint, which covers York, North Yorkshire, South Tees, North Tees and Durham and Darlington linking into several acute hospital trusts and local safeguarding children's partnerships.

### How can professionals contact the Trusts safeguarding Team?

If you are aware there is a CAMHS, AMH or LD worker involved with a family you should contact them directly for information or to invite them to safeguarding meetings

The Trust has a Single Point Of Contact (SPOC) for requests to establish if the Trust are involved with a child or family and to request relevant and proportionate information to inform assessments/ decision making.

The SPOC is available Monday to Friday 9-5:

Tel: 01642 516118

Email: [TEAVVNT.safeguardingchildren@nhs.net](mailto:TEAVVNT.safeguardingchildren@nhs.net)

## City of York Healthy Child Service (HCS)

### What services does the HCS provide?

The Healthy Child Service is the City of York Council's service for delivering Health Visiting and School Nursing public health services for children and young people aged 0-19 years old. The service delivers The Healthy Child Programme (DoH 2009) to York residents and school children who attend Maintained Schools and Academies in York. The HCS offer commences when a woman is 28 weeks pregnant through to young people up to their 19th birthday.

- perinatal mental health support
- child health and developmental screening
- breastfeeding support
- parenting support (home safety, behaviour, sleep, continence, diet)
- support for children with additional/ complex health needs
- confidential health and wellbeing advice and support for school aged children

Additional support and signposting are offered to children and families with identified or unmet health needs.

For further details see the Healthy Child Service website: [yor-ok.org.uk](http://yor-ok.org.uk)

How can professionals contact the HCS?

Tel: 01904 555475

Email: [HCS-secure@york.gov.uk](mailto:HCS-secure@york.gov.uk)

The matter is urgent and relates to safeguarding contact: [HCSsafeguarding@york.gov.uk](mailto:HCSsafeguarding@york.gov.uk)

## **Leeds York Partnership Foundation Trust (LYPFT)**

### **What services do LYPFT provide?**

Leeds York Partnership Foundation Trust is the main provider of specialist mental health and learning disability services in Leeds. They also provide specialist services across York, The Yorkshire and Humber region, and some highly specialised national services.

They offer services to people who need support and treatment for a wide range of mental health conditions. We support people living with issues such as addiction, eating disorders or physical problems with psychological causes and those needing support of our gender identity service.

LYPFT offer community supported living and in patient care to people with a learning disability, who can present with challenging behaviour or complex physical needs.

LYPFT offer services across the region, and in a variety of locations, including in patient children's services in York, deaf children's services across northern England and secure services for Leeds and York.

### **How can professionals contact LYPFT Safeguarding Team?**

Tel: 0113 8555971

Email: [safeguarding.lypft@nhs.net](mailto:safeguarding.lypft@nhs.net)

## **Changing Lives**

### **What services do Changing Lives provide?**

Changing Lives lead the drug and alcohol service for the City of York. Working in partnership with Spectrum Community Health CIC, they offer an integrative drug and alcohol service comprising both psychosocial and clinical interventions. These can include: Vaccination and health screening where appropriate, clinical support to make changes to your drug and/or alcohol use, Substitute prescribing or community detoxification where/if appropriate. Access to peer support groups and mutual aid, aftercare support and dedicated support for young people.

The service can also help people who support those who are misusing substances, including their family, children and carers. The service works in an integrated way to support and create a recovery programme that aims to support those accessing the service to move away from problematic substance use.

The drug and alcohol service in York comprises of joint pathways between both our service at Blossom Street and our service at Bowes Morrell House, which runs the 12-week abstinence-based programme as well as a more flexible time bound group programme.

## How can professionals contact Changing Lives?

Tel: 01904 464680

Email: [blossomstreet.admin@changinglives.cjsm.net](mailto:blossomstreet.admin@changinglives.cjsm.net)

## Mountain Health Care

### What Services to Mountain Health Care provide?

Mountain Healthcare is commissioned by the NHS and Police, to provide forensic healthcare services for Sexual Assault Referral Service contracts in the UK. They currently manage the contracts for Kent, Surrey, Sussex, Bedfordshire, Hertfordshire, Cambridgeshire, Essex, North Yorkshire, South Yorkshire, West Yorkshire, Humberside, and Nottinghamshire.

In all cases, regardless of whether the abuse is recent or non-recent, consideration must always be given to whether or not the child requires a sexual abuse medical assessment. Mountain Healthcare also complete referrals for follow on services. Expert professional advice regarding whether a medical assessment is indicated, can be obtained from the commissioned paediatric SARC (Sexual Assault Referral Centre) provider, Mountain Healthcare. Cases can come through to Mountain Healthcare via the police, social care or as a self-referral for 13+.

### How can Mountain Health Care be contacted?

Tel: 0330 223 1154

### Where do I go for further information?

Please visit the [CYSCP website](#) for up to date information and latest news.

Please also sign up to the [CYSCP Newsletter](#) and follow us on Twitter [@YorkSCP](#)

