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Joint City of York Safeguarding Children's Partnership and North Yorkshire Safeguarding Children's Partnership

Female Genital Mutilation (FGM) Practice Guidance

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Update and Approval Process			
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Aim and Purpose

This guidance should be considered in conjunction with other relevant safeguarding guidance, including but not limited to, *Multi-agency Statutory Guidance on Female Genital Mutilation (updated 2018)*[1], *Working Together to Safeguard Children (2023)*[2], and additional local procedures and practice guidance available at *North Yorkshire Safeguarding Children Partnership (NYSCP) and City of York Safeguarding Children Partnership (CYSCP).* This guidance is not intended to replace wider safeguarding guidance, but to provide additional advice on Female Genital Mutilation (FGM).

Definitions

For the purpose of this guidance, the following definitions apply:

Adult/Woman: 'Adult' is defined as a person aged 18 years or over.

Child / Young Person: As defined in the Children Acts 1989 and 2004, 'child' means a person under the age of 18. This includes young people aged 16 and 17 who are living independently; their status and entitlement to services and protection under the Children Act 1989 is not altered by the fact that they are living independently.

Key points:

Female Genital Mutilation (FGM) is illegal in England and Wales under the Female Genital Mutilation Act 2003[3].

As amended by the Serious Crime Act 2015, the Female Genital Mutilation Act 2003 now includes:

- An offence of failing to protect a girl from the risk of Female Genital Mutilation,
- Extra-territorial jurisdiction over offences of Female Genital Mutilation committed by abroad by UK nationals and those habitually (as well as permanently) resident in the UK,
- Lifelong anonymity for victims of Female Genital Mutilation,
- Female Genital Mutilation Protection Orders (FGMPOs) which can be used to protect girls and women at risk (see Female Genital Mutilation PO Factsheet), and
- A mandatory reporting duty which requires specified professionals to report known cases of Female Genital Mutilation in under 18s to the police.

In England and Wales, criminal and civil legislation on Female Genital Mutilation is contained in the Female Genital Mutilation Act 2003

What is Female Genital Mutilation?

The World Health Organisation defines Female Genital Mutilation as "...*all procedures that involve partial or total removal of the external female genitalia, or other injury to the female genital organs for non-medical reasons*".

The Female Genital Mutilation Act 2003 (as amended) narrows the definition of Female Genital

[1] Multi-agency Statutory Guidance on Female Genital Mutilation (updated 2018)
[2] Working Together to Safeguard Children (2023)
[3] Female Genital Mutilation Act (2003)

Mutilation **to not include**:

- a surgical operation on a girl that was necessary for her physical or mental health, or
- a surgical operation on a girl who was in any stage of labour, or had just given birth, for purposes connected with the labour or birth

It is frequently a very traumatic and violent act for the victim and can cause harm in many ways. The practice can cause severe pain and there may be immediate and / or long-term health consequences, including mental health problems, difficulties in childbirth, causing danger to the child and mother; and / or death.

The age at which Female Genital Mutilation is carried out varies enormously according to the community. The procedure may be carried out shortly after birth, during childhood or adolescence, just before marriage or during a woman's first pregnancy.

Female Genital Mutilation is a criminal offence – it is child abuse and a form of violence against those subjected to it, and therefore should be treated as such. Cases should be dealt with as part of existing North Yorkshire and City of York structures, policies and procedures on child protection (see, "Worried about a child?" (North Yorkshire), "Concerned about a Child" (City of York), the NYSCP Procedures and CYSCP Procedures) and the "Joint Multi-Agency Policy and Procedures" for safeguarding adults. There are, however, particular characteristics of Female Genital Mutilation that front-line professionals should be aware of to ensure that they can provide appropriate protection and support to those affected.

Legislation and Policy

The Female Genital Mutilation Act 2003 (with amendments from the Serious Crime Act 2015) makes it a criminal offence to:

- Excise, infibulate or otherwise mutilate the whole or any part of a female's labia majora, labia minora or clitoris (subject to limited exemptions for mental or physical health)
- Aid, abet, counsel or procure a female to excise, infibulate or otherwise mutilate the whole or any part of her own labia majora, labia minora or clitoris, or
- Aid, abet, counsel or procure a person who is not a United Kingdom national or permanent United Kingdom resident to do a relevant act of female genital mutilation outside the United Kingdom
- This Act has extra-territorial extensions, i.e. if a person commits any of the above offences in another country it would be treated as if the offence had occurred in the United Kingdom. A person convicted of an offence under the Female Genital Mutilation Act 2003 is liable to imprisonment between six months and fourteen years.

- If a female genital mutilation offence is committed against a child under the age of 18, each person who is responsible for the child at the time Female Genital Mutilation took place is also guilty of an offence. A person is 'responsible' for a child if they have parental responsibility for and frequent contact with the child or the person is over 18 years of age and has assumed (and not relinquished) responsibility for caring for the child in the manner of a parent.

Types of Female Genital Mutilation?

The World Health Organisation (WHO) identifies four types of Female Genital Mutilation.

	Type	Description
1	Clitoridectomy	Partial or total removal of the clitoris (a small, sensitive and erectile part of the female genitals) and, in very rare cases, only the prepuce (the fold of skin surrounding the clitoris).
2	Excision	Partial or total removal of the clitoris and the labia minora, with or without excision of the labia majora (the labia are "the lips" that surround the vagina).
3	Infibulation	Narrowing of the vaginal opening through the creation of a covering seal. The seal is formed by cutting and repositioning the inner, or outer, labia, with or without removal of the clitoris.
4	Other	All other harmful procedures to the female genitalia for non-medical purposes, e.g. pricking, piercing, incising, scraping and cauterizing the genital area.

Identifying a person at risk of Female Genital Mutilation

Where a person is thought to be at immediate risk of Female Genital Mutilation taking place or about to take place, practitioners must be alert to the need to act quickly before the person undergoes Female Genital Mutilation either in the UK or abroad.

Indications that Female Genital Mutilation may be about to take place:

- The family comes from a community that is known to practice Female Genital Mutilation (it may also be possible that they will practice Female Genital Mutilation if a female family elder is around);
- Parents requesting permission for their child to be taken out of school two weeks before or after the summer holidays (recovery period can be up to 8-10 weeks);
- A person talking about a long holiday to her country of origin or another country where the practice is prevalent
- A child talking about ‘becoming a woman’ or ‘rites of passage’
- A child talking about new clothing or special outfits
- A child may confide in a professional that they are about to undergo a “special procedure” or attend a special occasion
- Becoming withdrawn or acting out of character
- There are older females in the family (e.g. older sister/s, mother) who have undergone Female Genital Mutilation
- Any female child born to a woman who has been subjected to Female Genital Mutilation must be considered to be at risk, as must other female children in the extended family
- Any female who has a sister who has already undergone Female Genital Mutilation must be considered to be at risk, as must other females in the extended family
- A relative or ‘cutter’ visiting from territories known to practice Female Genital Mutilation

- Running away or planning to run away from home.

Identifying a person who has been subject to Female Genital Mutilation

Indications that Female Genital Mutilation may have already taken place:

- A child may spend long periods of time away from the classroom during the day with urinary or menstrual problems if they have undergone Type 3 Female Genital Mutilation. Frequently females who have undergone Female Genital Mutilation find it harder to urinate and it will therefore take longer to pass urine
- There may be prolonged absences from school with noticeable behaviour changes on the child's return
- A child requiring to be excused from physical exercise lessons without the support of their GP and very often using the excuse that females of her faith can't exercise
- A child may confide in a professional or ask for help
- Asking for help, and or needing extra support but not being explicit about what the problem is
- Difficulty walking, sitting or standing.
- Reluctance to have routine medical examinations.

Professionals encountering a person who has undergone Female Genital Mutilation should be alert to the risk of Female Genital Mutilation in relation to:

- Younger siblings;
- Daughters they may have in the future;
- Extended family members.

Responding to a child / young person who is at risk or who has been subject to Female Genital Mutilation

The appropriate response to Female Genital Mutilation whether at risk or who has been subject to the procedure is to follow safeguarding procedures to ensure:

- Immediate protection and support for the child / young person; and
- That the practice is not repeated with other members of the family, household or community, including any unborn children.

In addition, an appropriate response to a child/young person who is at risk of Female Genital Mutilation can include:

- Seeing the child/young person on their own and creating an opportunity for them to disclose further information
- Using simple language and straightforward questions

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- Using terminology that the child/young person will understand e.g. the child/young person may not view the procedure as an illegal practice
- Being sensitive to the fact the child/young person may be loyal to those who subjected them to the procedure
- Arranging for an interpreter if this is necessary and appropriate (interpreters must be made aware of the subject they will be covering and that they are comfortable with this) – for further information regarding interpreters please contact the Customer Resolution Centre on 01609 780780 or City of York Council Interpreting and Translation Service
- Allowing the child/young person time to talk
- Getting accurate information about the urgency of the situation, if the child/young person is at risk of being subjected to the procedure
- Informing the child/young person how they contact you again

An appropriate response by professionals who encounters a person who has undergone the procedure of Female Genital Mutilation includes:

- Being sensitive to the intimate nature of the subject
- Making no assumptions
- Asking straightforward questions
- Being ready to listen
- Being non-judgemental (condemning the illegal practice, but not blaming the person)
- Understanding how they may feel in terms of language barriers, cultural differences, that they, their partner, their family may feel they are being judged
- Being able to explain that Female Genital Mutilation is illegal and that discussing this with you, can be used to help protect them and help prevent the illegal practice of Female Genital Mutilation taking place in the future.
- Arranging for a professional interpreter (interpreters must be made aware of the subject they will be covering and that they are comfortable with this).

General advice when approaching those who may have undergone Female Genital Mutilation or are at risk of Female Genital Mutilation

Other useful advice when speaking to a Child/young person who may have undergone Female Genital Mutilation or parents of a child you believe could be at risk includes:

- Using appropriate terms
- Approach the subject sensitively
- Where an interpreter is needed, a female interpreter is essential – a family or community member must not be used to translate
- Be aware that re-infibulation (after childbirth) is also illegal.

Responding suitably is key, so that the appropriate immediate protection and support can be provided. Furthermore, responding appropriately will disseminate a message in communities that the illegal practice of Female Genital Mutilation is taken seriously and agencies are responding to Female Genital Mutilation in a sensitive and robust way.

Female Genital Mutilation and Unborn Babies

Where Female Genital Mutilation is identified in pregnancy an honest and open conversations should take place between the practitioner, pregnant woman and her partner. Professionals should seek support from their organisation's translation services as required, and not rely on relatives or friends to interpret conversations. The practitioner should share the opposing statement which can be obtained in the women's first language.(Statement opposing female genital mutilation - GOV.UK (www.gov.uk).

The practitioner must complete the government Female Genital Mutilation risk assessment form with the pregnant women. This will help inform any safeguarding referral that is required, for the unborn baby or child/children within the household. Female Genital Mutilation Professional Guidance Forms (publishing.service.gov.uk) Professionals should also follow the NYSCP/CYSCP Guidance on Unborn Babies.

Where level of risk is deemed to be low, for example where a woman/ young person is over the age of 16 has consensually had a genital piercing or tattoo, or parents are opposing Female Genital Mutilation, not planning to travel etc; then a referral to the local authority may not be required. However, vigilance for emerging concerns must be maintained by all professionals involved in her care. In type 4 genital piercing, health care professionals must be assured that any genital piercing or tattoo has been acquired without coercion.

Where Female Genital Mutilation has been identified, under information sharing guidance, health care professionals must inform the parent/s of the need for information sharing with the GP and 0-19 service. Female Genital Mutilation will then be highlighted on both the mother's record and any female children in the family. Female Genital Mutilation Risk and Safeguarding (publishing.service.gov.uk)

Professionals have a duty to report to the police 'known' cases of Female Genital Mutilation in under 18s which they identify in the course of their professional work. This may be either the pregnant women herself who is under 18, or a pregnant woman who has a daughter/s under 18 that have undergone Female Genital Mutilation. The practitioner should report to the police using the non-emergency 101 telephone numbers and make a referral to Children's Social Care. Health partners will also need to complete an Female Genital Mutilation Reporting Enhanced Dataset (see your local Trust guidance).

During pregnancy, if the unborn is known to be female, gender unknown, or if the practitioner has reasonable cause to suspect that the unborn baby, as a result of her mother being a victim of Female Genital Mutilation or a family history of Female Genital Mutilation, is likely to suffer significant harm after birth then a referral to the Local Authority in which the unborn will live, must be made. The use of the opposing statement and Female Genital Mutilation risk assessment (as above) may inform this decision making.

Practitioners must ensure families are notified of the need for information sharing. Female Genital Mutilation Information Sharing (FGM - IS) is a national IT system for healthcare professionals. This

government mandated system requires an alert to be added to any female infant's medical record where there is a family history of Female Genital Mutilation. This will alert professionals working with the family that there is a risk of Female Genital Mutilation and services can therefore work with the family accordingly. (Health care professionals must follow their Trust guidance)

Mandatory Reporting Duty for all Professionals who identify Female Genital Mutilation

All professionals (i.e. a teacher, social worker or healthcare professional) who in the course of their work, believe that an act of Female Genital Mutilation appears to have been carried out on a person who is aged under 18 years must notify the police. This includes cases where:

1. A child or young person has told a professional that an act of Female Genital Mutilation (however described) has been carried out on them, or

2. The professional has observed physical signs indicating female genital mutilation has been carried out and the professional has no reason to believe that the act was part of:

    a. a surgical operation on a female which is necessary for her physical or mental health, or
    b. a surgical operation on a female who is in any stage of labour, or has just given birth, for purposes connected with the labour or birth

The professional who identifies Female Genital Mutilation in a female under 18 years must call 101 to make a report. When making an Female Genital Mutilation notification to the police the professional must have details of:

1. Person's name, date of birth and address
2. Name and contact details of the professional
3. Name and contact details of the local safeguarding lead - Midwifery or Adult Safeguarding Lead

It is best practice when making notifications to the police to ensure:

1. The notification is made on the same working day as Female Genital Mutilation was identified calling via 101 to make a report
2. Local safeguarding lead within your organisation is updated within one day
3. All decisions and actions taken are recorded

If you believe that the person is in immediate danger you must act immediately, which may include calling 999. Mandatory reporting is only one part of safeguarding against Female Genital Mutilation. Always ask your safeguarding lead if in doubt.

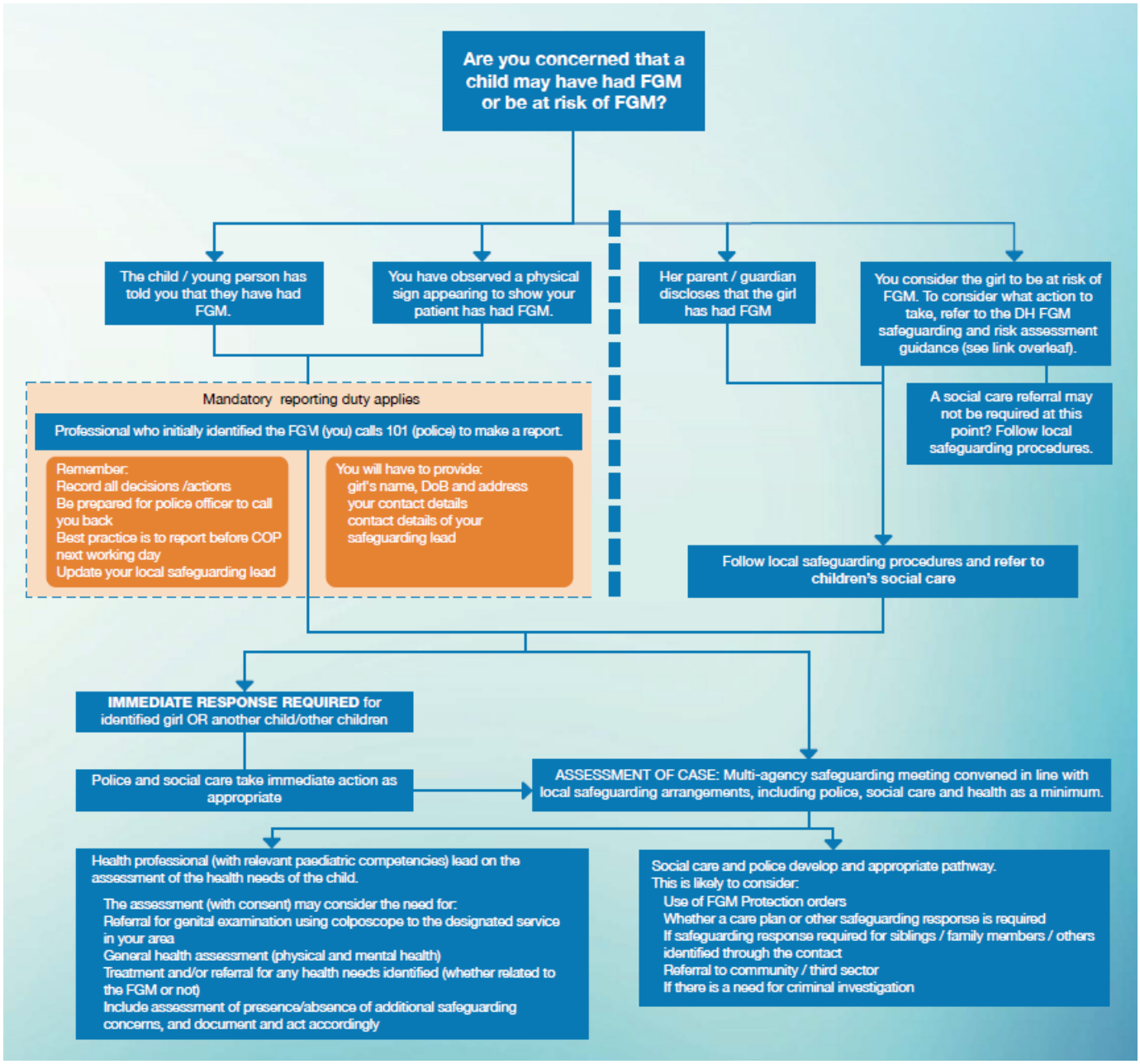
If the woman is over 18 when she discloses Female Genital Mutilation or Female Genital Mutilation is identified, the mandatory duty to report to the police does not apply and you should follow either North Yorkshire or City of York local safeguarding adults procedures

In all cases, professionals should also consider whether there are other people within the household, extended family and community who may be at risk of or may have been subject to Female Genital Mutilation and whether any child should be referred to Children's Social Care. If the professional identifies an adult at risk of, or having been the subjected to Female Genital Mutilation, either North Yorkshire or City of York local safeguarding adults procedures should be followed.

Below illustrates the local procedures to be followed if there is a child / young person identified who has undergone Female Genital Mutilation or is at risk of Female Genital Mutilation.

Female Genital Mutilation Local Procedure

When a child or young person is identified who has undergone Female Genital Mutilation or is at risk of Female Genital Mutilation



(Female Genital Mutilation Pathway also available from https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/525405/Female_Genital_Mutilation_mandatory_reporting_map_A.pdf)

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The Medical Response to North Yorkshire and York Children and Young People suspected of being subject to Female Genital Mutilation

If Female Genital Mutilation Is suspected in a child or young person normal safeguarding procedures should be followed.

If the strategy meeting decides a medical is needed to confirm if there are physical signs of Female Genital Mutilation a referral should be made to the Department of Community Paediatrics at Leeds Community Health Care NHS Trust lcht.community.paediatrics4@nhs.net.

If the child has medical needs that need assessment and treatment, whether these are due to the Female Genital Mutilation or another cause, these should be coordinated by the local paediatric service.

The purpose of an Female Genital Mutilation medical is to establish if Female Genital Mutilation has occurred, to support legal and safeguarding investigations and to ensure appropriate medical care. The medical examinations need to be of a high quality carried by a doctor with expertise in this area. To achieve this, the medicals need to be carried out in a planned way in a none urgent clinic. Following receipt of the referral for an Female Genital Mutilation medical, the team will endeavour to see the child as soon as there is capacity and wherever possible, within one month of receipt of the referral.

Additional Guidance for NHS Staff

The Department for Health has produced additional guidance for NHS organisations so they can meet the requirements to collect and submit data about patients with Female Genital Mutilation.

The guidance relates to the Female Genital Mutilation (FGM) Enhanced Dataset by the Health and Social Care Information Centre and the professional duty about Female Genital Mutilation which was published in September 2015. The following organisations are required to have regard to the Female Genital Mutilation Enhanced dataset standard from September 2015:

- General Practice
- Mental Health Trusts
- Acute Trusts (mandatory since 1 July 2015)

Sexual health and GUM (Genito-Urinary Medicine) clinics, where patients do not have to provide their personal information, are out of scope, but these services are nonetheless reminded of their responsibilities to share information to ensure appropriate safeguarding response.
The flowchart below from the Department of Health outlines the Female Genital Mutilation Safeguarding Pathway for NHS staff which includes mandatory reporting and reporting for the enhanced Female Genital Mutilation dataset. The flowchart should be used by clinicians where a child or young person has made a disclosure of Female Genital Mutilation or the clinician has observed a physical sign appearing to show the patient has been subject to Female Genital Mutilation (this correlates to the left-hand side of the pathway on page 11) :

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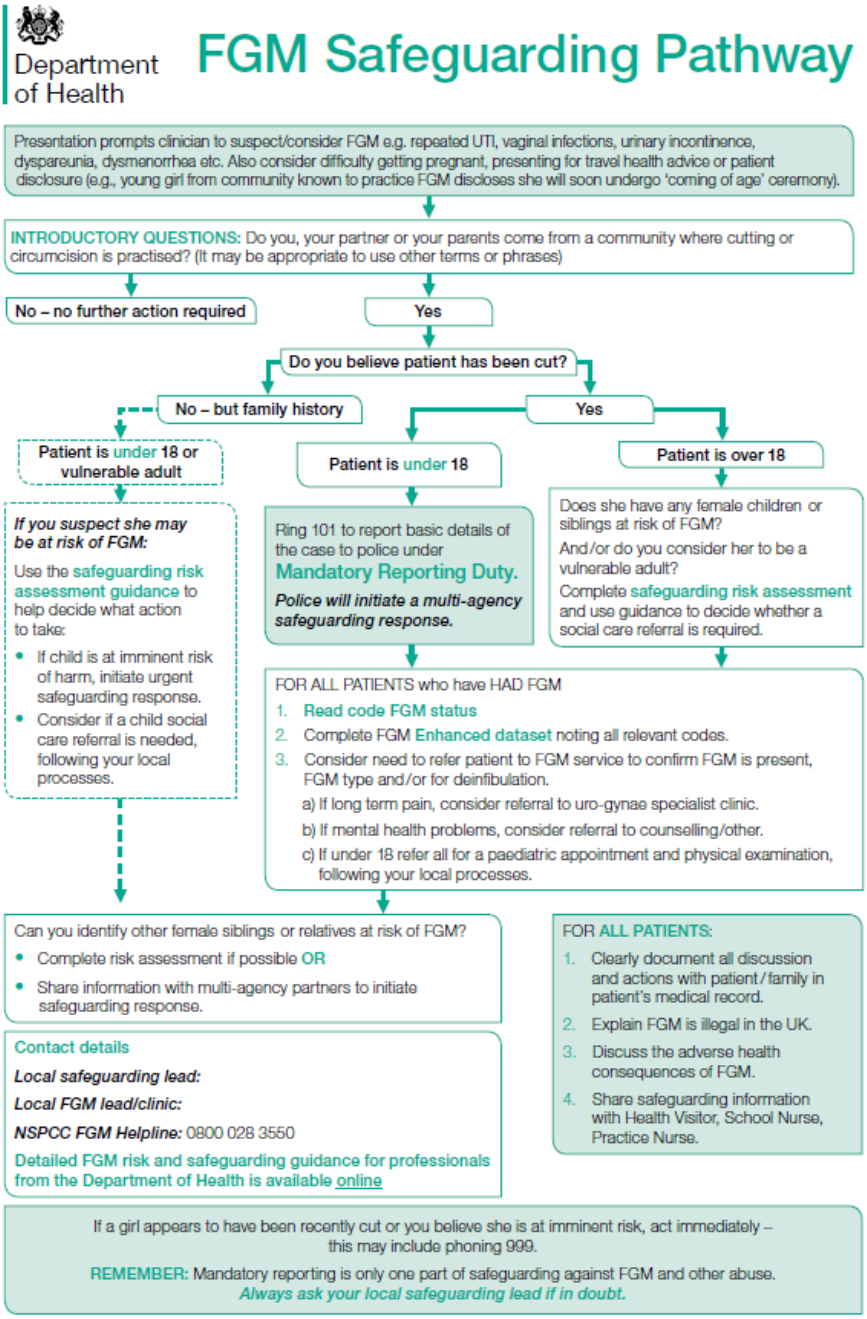

(Pathway is available from https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/542650/Female Genital Mutilation_Flowchart.pdf for download and customisation to local safeguarding leads within each organisation).

The data collected is sent to the Health and Social Care Information Centre (HSCIC), where it is anonymised, analysed and published in aggregate form. Personal information is only collected as part of the Female Genital Mutilation Enhanced dataset for internal data quality assurance and to avoid duplicate counting. A woman or child's personal details will never be published in the national aggregate reports and will never be passed to anyone outside HSCIC. **This work specifically will not pass any personal details to the police or social services -the collection of this data will not trigger individual criminal investigations.**

Further information can be accessed from:

- https://www.gov.uk/government/publications/fgm-enhanced-dataset-guidance-on-nhs-staff-responsibilities

Support Services

If you or the person you are concerned about is in danger and immediate action is required, you should ring the emergency services on **999**.

If you have concerns about a person and you wish to speak to someone or make a referral, please use the following contacts:

North Yorkshire County Council Customer Resolution Centre:

Open Monday to Friday 9.00am to 5.00pm
All areas: 01609 780780
Emergency Duty Team (all other hours): 01609 780780

For making a referral for a child under 18 years of age, please visit the NYSCP website at:

- https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/

For making a referral for an adult 18 years or older, please visit the NYSAB website at:

- https://safeguardingadults.co.uk/contact-us/

City of York Council Multi-Agency Safeguarding Hub (MASH):

If you have a concern that a child is vulnerable or at risk of significant harm please contact the MASH Team:

Phone: 01904 551900
Email: MASH@york.gov.uk
Outside office hours, at weekends and on public holidays contact the emergency duty team telephone: 01609 780780

If you need to make a safeguarding referral to Children's Social Care about a child or young person who has been or may be hurt or neglected or who has significant vulnerabilities please use the MASH Referral Form, which can be found on the CYSCP Concerned About A Child webpage

For making a referral for an adult 18 years or older, please visit the York Safeguarding Adults Board.

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North Yorkshire Police

Call 101 to make a mandatory report of Female Genital Mutilation to the police where a female under 18 years of age has disclosed or you have observed Female Genital Mutilation has taken place. If a child is in immediate danger call **999**.

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Appendix

Additional Guidance on Female Genital Mutilation

Cultural Underpinnings

Female genital mutilation is underpinned by a mix of cultural and social factors within families and communities.

- Where Female Genital Mutilation is a social convention, the social pressure to conform to what others do and have been doing is a strong motivation to perpetuate the practice
- Female Genital Mutilation is often considered a necessary part of raising a child within some cultures and a way to prepare them for adulthood and marriage
- Female Genital Mutilation is often motivated by beliefs about what is considered proper sexual behaviour, linking procedures to premarital virginity and marital fidelity. Female Genital Mutilation in many communities is believed to reduce a woman's libido and therefore believed to help her resist "illicit" sexual acts. When a vaginal opening is covered or narrowed (Type 3 Female Genital Mutilation), the fear of the pain of opening it, and the fear that this will be found out, is expected to further discourage "illicit" sexual intercourse among females with this type of Female Genital Mutilation
- Female Genital Mutilation is associated with cultural ideals of femininity and modesty, which include the notion that females are “clean” and "beautiful" after removal of body parts that are considered "male" or "unclean"
- Though no religious scripts prescribe the practice, practitioners often believe the practice has religious support
- In most societies, Female Genital Mutilation is considered a cultural tradition, which is often used as an argument for its continuation
- In some societies, recent adoption of the practice is linked to copying the traditions of neighbouring groups. Sometimes it has started as part of a traditional revival movement
- In some societies, Female Genital Mutilation is practised by new groups when they move into areas where the local population practice Female Genital Mutilation

Piercings, Tattoos and Vaginal Modification

Vaginal modification including piercings, tattoos and other modifications are increasingly common and can be lifestyle choices by individuals. However, practitioners need to be aware that such modifications may be also classed as Type 4 Female Genital Mutilation. When considering whether a female is at risk of Female Genital Mutilation practitioners should consider whether they were able to consent to the procedure and if that consent was not forced or coerced. Practitioners should also

consider the extent to the modification (if known). It should be noted that females under 18 years of age would not normally be able to consent to vaginal modification, including piercings and tattoos.

Names for Female Genital Mutilation

Female Genital Mutilation is referred to by many names including female cutting and female circumcision, (the latter being an expression which implies the practice is similar to male circumcision). The degree of cutting is far more extensive than male circumcision and the procedure often impairs a woman's sexual and reproductive functions and ability to pass urine normally.

Terms used for Female Genital Mutilation in other languages		
Country	**Term used for Female Genital Mutilation**	**Language**
CHAD – the Ngama Sara subgroup	Bagne Gadja	
GAMBIA	Niaka Kuyungo Musolula Karoola	Mandinka Mandinka Mandinka
GUINEA-BISSAU	Fanadu di Mindjer	Kriolu
EGYPT	Thara Khitan Khifad	Arabic Arabic Arabic
ETHIOPIA	Absum Megrez	Harrari Amharic
ERITREA	Mekhnishab	Tigregna
IRAN	Xatna	Farsi
KENYA	Kutairi Kutairi was ichana	Swahili Swahili
NIGERIA	Ibi/Ugwu Didabe fun omobirin/ ila kiko fun omobirin	Igbo Yoruba
SIERRA LEONE	Sunna Bondo Bondo/sonde Bondo Bondo	Soussou Temenee Mendee Mandinka Limba
SOMALIA	Gudniin Halalays Qodiin	Somali Somali Somali
SUDAN	Khifad Tahoor	Arabic Arabic
TURKEY	Kadin Sunneti	Turkish

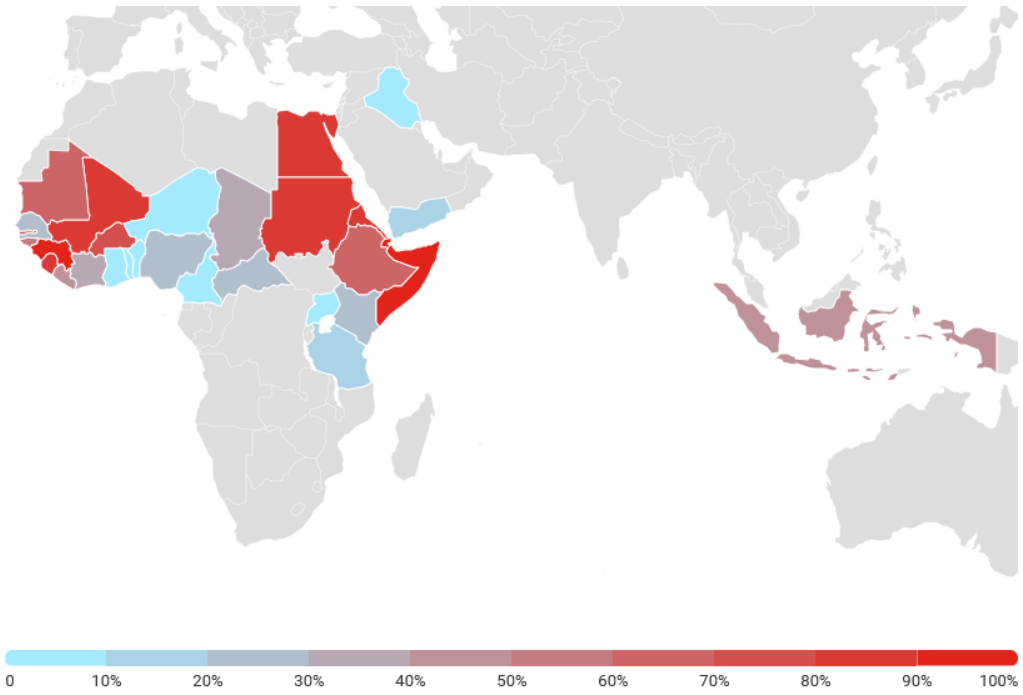
Details from FORWARD

International Prevalence of Female Genital Mutilation

Female Genital Mutilation is a deeply rooted practice, widely carried out mainly among specific ethnic populations in Africa and parts of the Middle East and Asia. It serves as a complex form of

social control of a women's sexual and reproductive rights. The exact number of children and adults alive today who have undergone Female Genital Mutilation is unknown, however UNICEF estimates that over 200 million children and women in 31 countries, across three continents have undergone Female Genital Mutilation, with more than half of those subjected living in Egypt, Ethiopia and Indonesia..

The heat map below shows some of the most prevalent areas of Africa where Female Genital Mutilation is practiced. More information can be obtained from Female Genital Mutilation (Female Genital Mutilation) Statistics published by UNICEF.



List of countries where female genital mutilation is prevalent

African Region	**Asian countries**
▪ Benin ▪ Burkina Faso ▪ Cameroon ▪ Central African Republic ▪ Chad ▪ Cote d'Ivoire (Ivory Coast) ▪ Democratic Republic of Congo ▪ Djibouti ▪ Egypt ▪ Eritrea ▪ Ethiopia	▪ India ▪ Indonesia ▪ Malaysia ▪ Pakistan **Arabian Peninsula** ▪ Iraq ▪ Oman ▪ United Arab Emirates ▪ Yemen

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▪ Gambia ▪ Ghana ▪ Guinea ▪ Guinea-Bissau ▪ Kenya ▪ Liberia ▪ Mali ▪ Mauritania ▪ Niger ▪ Nigeria ▪ Senegal ▪ Sierra Leone ▪ Somalia ▪ Sudan ▪ Tanzania ▪ Togo ▪ Uganda	**Other Areas** ▪ Occupied Palestinian territories ▪ Certain immigrant communities in ○ Australia ○ Canada ○ Europe ○ United States of America

Prevalence of Female Genital Mutilation in England and Wales

The prevalence of Female Genital Mutilation in England and Wales is difficult to estimate because of the hidden nature of the crime. However, the Female Genital Mutilation (FGM) Enhanced Dataset (SCCI 2026) supports the Department of Health's Female Genital Mutilation Prevention Programme by presenting a national picture of the prevalence of Female Genital Mutilation in England.

- There were 1,735individual women and girls who had an attendance where Female Genital Mutilation was identified in the period between April 2022 - June 2022. These accounted for 2,820 attendances reported at NHS trusts and GP practices where Female Genital Mutilation was identified.
- There were 745 newly recorded women and girls in the period between April 2022 - June 2022. Newly recorded means this is the first time they have appeared in this dataset. It does not indicate how recently their Female Genital Mutilation was undertaken, nor does it mean that this is the woman or girl's first attendance for Female Genital Mutilation. The number of newly recorded women and girls has reduced over time. This is to be expected as the longer the collection continues, the greater the chance of a women or girl having been recorded in it previously.
- Between April 2022 - June 2022, 78 NHS trusts and 17 GP practices submitted one or more Female Genital Mutilation attendance records.

Source - https://digital.nhs.uk/data-and-information/publications/statistical/female-genital-mutilation/april-2022---june-2022

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Consequences of Female Genital Mutilation: Short & Long term Implications, Mental Health & Wellbeing

Female Genital Mutilation can cause a range of short-term and long-term health issues. The nature of the health implications arising from Female Genital Mutilation are linked to the degree of the cutting, the cleanliness of the tools used to do the cutting, and the health of the person receiving the cutting.

In most countries, Female Genital Mutilation is performed in unclean conditions by mainly traditional practitioners who may use scissors, razor blades, or knives. However, in some countries like Egypt, up to 90% of Female Genital Mutilation is performed by a health care professional.

Short-Term Health Implications:

- **Bleeding or hemorrhaging:** If the bleeding is severe, the person can die.
- **Infection:** The wound can get infected and develop into an abscess (a collection of pus). A person can develop fevers, sepsis (a blood infection), shock, and may die, if the infection is not treated.
- **Pain:** People are routinely cut without first being numbed or havinganesthesia. The most extreme pain tends to occur in the aftermath of the procedure.
- **Trauma:** People are held down during the procedure, which can be physically and psychologically traumatic.

Long-Term Health Implications (usually occurs to those with the most severe form of Female Genital Mutilation):

- **Problems passing urine.** In severe cases, a person is left with only a small opening for urinating and menstrual bleeding. This can slow or strain the normal flow of urine, which can cause infections.
- **Not being able to have sexual intercourse normally.** The most severe form of Female Genital Mutilation leaves a person with scars that cover most of their vagina. This makes sex very painful. These scars can also develop into bumps (cysts or abscesses) or thickened scars (keloids) that can be uncomfortable.
- **Problems with gynecological health.** A person who has undergone Female Genital Mutilation sometimes has painful menstruation. They may not be able to pass all of their menstrual blood. They may also have repeated infections. It can also be difficult for a health care professional to examine a person's reproductive organs if they have had a more severe form of Female Genital Mutilation. Normal tools cannot be used to perform a Pap test or a pelvic exam.
- **Increased risk of cervical sexually transmitted infections (STIs), including HIV.** People who have no medical training, under unclean conditions, perform most forms of Female Genital Mutilation. Many times, one tool is used for several procedures without sterilization.

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These conditions greatly increase the chance of spreading life-threatening infections such as hepatitis and HIV. Also, damage to the person's sex organs during Female Genital Mutilation can make the tissue more likely to tear during sex, which could also increase risk of STIs or HIV.

- **Problems getting pregnant, and problems during pregnancy and labour.** Infertility rates among people who have undergone Female Genital Mutilation are as high as 25 to 30% and are mostly related to problems with being able to achieve sexual intercourse. The scar that covers the vagina makes this very difficult. Once pregnant, a person can have drawn out labour, tears, heavy bleeding, and infection during delivery which cause distress to the infant and the mother. Health care professionals who are unfamiliar with the scar will sometimes recommend a cesarean section. This is not necessary as an expectant mother will be able to deliver vaginally once the scar is cut open.

Mental Health & Wellbeing Implications:

Female Genital Mutilation also affects mental health. Case histories and personal accounts from people note that Female Genital Mutilation is an extremely traumatic experience that stays with them for the rest of their lives.

Research carried out in Dakar, Senegal (see Female Genital Mutilation Trauma.pdf (taskforcefgm.de)) confirmed that people who had undergone Female Genital Mutilation showed an appreciably higher occurrence of Post-Traumatic Stress Disorder (PTSD) (30.4%) and other psychiatric symptoms (47.9%), than those which had not undergone the procedure.

Practitioners should be aware of the potential manifestations of psychological dysfunction presenting with victims of Female Genital Mutilation. Whilst many people presenting for counselling who have been victims of childhood abuse display symptoms of PTSD, this diagnosis is not the only psychological difficulty that victims may encounter. They also include:

- Female Genital Mutilation may be a contributory factor for psychological distress
- Presenting issue may be something different
- Feelings of 'nothingness / incompleteness/ anxiety/low self esteem
- Lack of trust
- Anger or depression resulting from suppression of anger
- Fear of marriage and sexual relationships
- Fear of childbirth
- Loss
- Fear for their daughters
- Denial of sexuality and focus on reproductive functions
- Flashbacks
- Lack of sexual responsiveness

The above is not an exhaustive list,

Links to forced marriage and honour based violence

A forced marriage is where one or both people do not (or in cases of people with learning disabilities or reduced capacity, cannot) consent to the marriage as they are pressurised, or abuse is used, to force them to do so. It is recognised in the UK as a form of domestic or child abuse and a serious abuse of human rights.

The pressure put on people to marry against their will can be physical (including threats of intimidation, actual physical violence and sexual violence) or emotional and psychological (for example, when someone is made to feel like they're bringing shame on their family). Financial abuse can also be a factor.

For more information visit:

- https://www.gov.uk/forced-marriage
- https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/322310/HMG_Statutory_Guidance_publication_180614_Final.pdf

In certain communities, it is considered important that a person undergo Female Genital Mutilation before being able to marry. Usually this will be performed during childhood, but nationally there have been reports of people undergoing Female Genital Mutilation just before a forced marriage.

'Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish the individual which may result in severe injury or death. HBV is a term that is widely used to describe this sort of child / adult abuse; however, it is often referred to as 'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse.

There is a strong link between 'honour' based violence, forced marriage and domestic abuse (please also see the NYSCP Domestic Abuse Practice Guidance or the CYSCP Domestic Abuse webpage). Examples of 'damaged honour' are:

- Defying parental authority
- Becoming overly westernised in style (e.g. clothing, make up, behaviour, attitudes, etc.)
- Having sex/relationships/pregnancies outside marriage
- Using drugs, alcohol, cigarettes
- Family honour can be damaged by unfounded or untrue gossip or rumours
- Interfaith or intercommunity relationships
- Leaving a spouse or seeking a divorce

In order to control the actions of children, young people and adults either to prevent a person from bringing shame to a family or community, or punish them for doing so, Female Genital Mutilation may be used.

Other forms of 'honour' based violence can include, but are not limited to:

- Being disowned or ostracised by the community

- Physical abuse of the victim by family members including spouse and in laws (please also see NYSCP Domestic Abuse Practice Guidance or CYSCP Domestic Abuse webpage)
- Restriction of freedom or loss of independence – being "policed" by family members
- Isolation from wider family or community, e.g. stopped from seeing friends
- Forced marriage
- Murder

Internalisation of guilt or shame by the victim can cause internal conflict for them, and not wanting to cause further shame can result in self-harm and suicide attempts.

RCPCH Royal College of Paediatrics and Child Health
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Requests for Female Genital Mutilation medical examination in under 18-year-olds in the emergency department

Female genital mutilation (Female Genital Mutilation) is defined by WHO as procedures which removes or damages the external female genital organs for no medical reason. It is illegal in the UK and regulated teachers, health and social care staff have a mandatory reporting duty to inform the police when:

a) a girl disclosing that she has been subjected to Female Genital Mutilation or

b) physical signs are observed which appear to show that an act of Female Genital Mutilation has been carried out on her.

In some cases, this may lead to a medical assessment being requested. Variance exists across England about how and where girls under the age of 18, who may have been subjected to Female Genital Mutilation, receive medical examinations.

Confusion in the system from a concern being raised through to examination has led to examples of girls being examined multiple times due to lack of expertise in the examiner to diagnose and/ or lack of appropriate recording **via colposcope** of the examination to enable second opinion. This can have a significant impact on the girl and her family causing additional stress and trauma to an already difficult circumstance.

In some instances, girls are accompanied to the emergency department by social services and/or police who request an examination of the girl to determine if Female Genital Mutilation has occurred. The clinician may feel pressure to agree if there is a risk the girl is separated from family until a diagnosis is given.

However, unless there is concern about an acute injury requiring urgent medical intervention (in which case, clinicians should follow their normal protocol and safeguarding procedures), clinicians should decline the request to examine for the purpose of Female Genital Mutilation diagnosis or opinion. They should inform the Trust safeguarding lead of the request so appropriate follow up and escalation can occur with the wider system.

Female Genital Mutilation diagnosis, particularly in children, is a highly specialised skill.

It is accepted that it would be inappropriate for a child to be bought to the emergency department solely for a child sexual abuse examination. The same approach must be adopted for Female Genital Mutilation.

Skills and location required for paediatric Female Genital Mutilation examination

The Royal College of Paediatric and Child Health (RCPCH)'s safeguarding roles and competencies for paediatricians states that paediatricians undertaking assessments of children who may have experienced Female Genital Mutilation need to be trained and competent.

The Department of Health and NHS Service standards for Female Genital Mutilation highlights that in all cases involving children, an experienced clinician should be involved in setting up a sensitive, thorough paediatric examination that allows for the maximum opportunity to confirm diagnosis of Female Genital Mutilation and related injuries, agree a treatment or support plan and aid criminal investigation.

Clinics/services offering confirmation of Female Genital Mutilation should include:

- Paediatrician with experience of examining children's genitalia, using colposcopy and writing legal reports.
- Clinicians with good knowledge of the types of Female Genital Mutilation and the physical symptoms and signs as they present in under 18s.
- Protected time for the preparation of statements and reports for child protection enquiries, criminal investigations and the courts; have protected time for court attendance; and undergo case supervision and regular peer review.
- Sufficient throughput of cases; clinicians must have experience of examining enough cases of child sexual abuse and/or Female Genital Mutilation to maintain skills and competency as recommended by the Royal College of Paediatrics and Child Health.

Safeguarding

Although the emergency department is not the appropriate setting to determine whether a girl has been subjected to Female Genital Mutilation, if a girl is brought for an Female Genital Mutilation examination normal safeguarding procedures should still be followed to determine if other safeguarding concerns are present.

Appropriate Examination Process

As per the Government Working together to safeguard children 2023: statutory guidance, a strategy meeting should be held between the statutory partners (Health, Social Care and Police), to determine the child's welfare and plan rapid future action if there is reasonable cause to suspect the child is suffering or is likely to suffer significant harm. The role of the (appropriately skilled and experienced), health practitioner is to advise about the appropriateness or otherwise of medical assessments. The appropriate time and location of any medical assessment should be agreed at meeting.

Useful numbers

Afruca-Africans Unite Against Child Abuse
Unit 3D/F, Leroy House,
436 Essex Road
London, N1 3QP
Tel: 0207 704 2261
Email: info@afruka.org
Website: www.afruka.org

Black Health Initiative (BHI)
231 Chapeltown Road
Leeds LS7 3DX
Tel: 0113 3070300
Website: www.blackhealthinitiative.org

Black Women's Health & Family Support
First Floor
82 Russia Lane
London
E2 9LU
Tel: 020 8980 3503
Email: bwhafs@btconnect.com
Website: http://www.bwhafs.com

Childline
Tel: 0800 1111
Website: www.childline.org.uk

FORWARD- Foundation for Women's Health Research and Development
Suite 2.1
Chandelier Building
8 Scrubs Lane
London
NW10 6RB
Tel: 020 8960 4000
E-mail: forward@forwarduk.org.uk
Website: www.forwarduk.org.uk

HALO Project

Any organisation or individual suffering domestic, or sexual abuse, or Female Genital Mutilation can make a referral to the Halo Project. The Halo Project work with potential victims, victims and survivors of domestic and sexual abuse sexual abuse, or Female Genital Mutilation, if you would like further support please complete the referral form and email to info@haloprojectcharity.org.uk

Home Office Female Genital Mutilation Unit
Tel: 0800 028 3550
Email: fgmenquiries@homeoffice.gsi.gov.uk
Website: www.gov.uk/government/collections/female-genital-mutilation

NSPCC Female Genital Mutilation Helpline
Tel: 0800 028 3550 (24 hour free helpline)
Email: fgmhelp@nspcc.org.uk
Website: www.NSPCC.org.uk

References and Further Reading

Source	Document/Link
WHO Female Genital Cutting Key Fact Sheet	https://www.who.int/news-room/fact-sheets/detail/female-genital-mutilation
Eliminating Female genital mutilation, World Health Organisation	http://www.un.org/womenwatch/daw/csw/csw52/statements_missions/Interagency_Statement_on_Eliminating_Female Genital Mutilation.pdf
Female Genital Mutilation Key Facts, World Health Organisation	http://www.who.int/mediacentre/factsheets/fs241/en/
Female Genital Mutilation – The Facts, HMG	https://www.gov.uk/government/publications/female-genital-mutilation-leaflet

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